

STAY SAFE MN

Get Tested!

4/1/2021

Mark your calendars to get tested for COVID-19

- **Every two weeks:** All members of your family should get tested if you have school-age children returning to in-person learning.
- **Every week:** All members of your family should get tested if you have school-age children in sports, after-school activities or other extracurricular activities.

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How to get tested

Visit a COVID-19 community-testing site or get tested through your local pharmacy, hospital or clinic. You can also order an at home test kit. All options are quick, easy, and **no cost to you**. If you prefer a language besides English, there are in-person or language line translators available.

Learn more at [COVID-19 Testing \(www.health.state.mn.us/diseases/coronavirus/testsites/index.html\)](https://www.health.state.mn.us/diseases/coronavirus/testsites/index.html).

Make regular testing part of your routine

Getting tested regularly is the best way to ensure we don't spread COVID-19. Here are some things you can do to make this important to-do list item easier to check off:

- Mark your calendar with regular testing reminders and bookmark the testing site for easy access.
- Make testing appointments part of your weekend errands.
- Make testing appointments a family day and spend time together.



Wear a mask.



Wash your hands.



Stay 6 feet from others.



Stay home if you feel sick.



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Contact health.communications@state.mn.us to request an alternate format.