



APRIL LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
WG Chicken Nuggets w/BBQ Baby Carrots Steamed Green Beans Fruit Milk	BBQ Beef Meatballs Seasoned Mashed Potatoes Fresh Broccoli Florets/ Ranch WG Sliced Bread/ Butter Fruit Milk	Turkey & Cheese Sandwich on WG Bun w/ Mayo Fresh Green Beans Fresh Sliced Peppers Fruit Milk	Baked chicken drumstick Honey Butternut Squash Tossed salad/dressing WG Dinner Roll w/ Butter Fruit Milk	WG Fish Sticks w/ tartar sauce Creamy Cucumbers Seasoned Pinto Beans Fruit Cookie Milk
8	9	10	11	12
Grilled Chicken Breast Baked Potato Carrot Sticks WG Biscuit w/ Butter Fruit Milk	Beef Cheeseburger w/Lettuce, Tomato, Pickles, Ketchup, & Mustard Vegetarian Baked Beans Fruit Milk	Chicken Tacos on WG Tortilla w/ Lettuce, Cheese, Sour Cream Tortilla Chips w/salsa Fruit Milk	Roasted Sliced Turkey Mashed Potatoes & Gravy Tossed Salad/ Dressing WG Dinner Roll/ Butter Fruit Milk	Egg & Cheese Omelet Breakfast Potatoes Sliced Cucumbers Muffin Fruit Milk
15	16	17	18	19
Tater Tot Hot dish Tossed Salad w/ dressing Sliced Radishes WG Sliced Bread w/ butter Fruit Milk	WG Mini Corndogs Ketchup & Mustard Steamed Carrots Fresh Cauliflower Fruit Milk	Beef Spaghetti WG Garlic Breadstick Fresh Broccoli w/ ranch Jicama Sticks Fruit Milk	WG Beef & Bean Burrito w/Sour Cream Steamed Veggies Baby Carrots Fruit Milk	NO SCHOOL
22	23	24	25	26
NO SCHOOL	Homemade Beef Chili W/ Crackers & Shredded Cheese WG Breadstick Fresh Broccoli Fruit Milk	Turkey Sausage Pancake on a Stick W/ Maple Syrup Breakfast Potatoes Fresh Sliced Cucumbers Fruit Milk	Beef Salisbury Steak in Gravy Seasoned Mashed Potatoes Fresh Cauliflower w/ ranch WG Dinner Roll/ Butter Fruit Milk	Orange Glazed Chicken Brown Rice Pilaf Tossed Salad/ Dressing Sugar Snap Peas Fruit Milk
29	30			
LS Beef Hotdog on WG Bun W/ Ketchup& mustard Celery Sticks Vegetarian Baked Beans Fruit Milk	WG Chicken Patty w/cheese on WG Bun w/Mayo Carrot Sticks Tossed Salad/Dressing Fruit Milk			TOSSED SALAD= ROMAINE AND SPINACH NO PORK SERVED ON THIS MENU WG= WHOLE GRAIN LS=LOW SODIUM



Additional condiments available upon request.
 THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER. MENUS SUBJECT TO CHANGE BASED ON AVAILABILITY OF ITEMS
 * INGREDIENTS SUCH AS PEANUTS, NUTS/SEEDS, MILK, EGG, SOYBEAN, GLUTEN, AND OTHER PRODUCTS MAY BE USED IN THE PRODUCTION OF THE MENUS.
 Questions on the menu please visit www.newhorizonfoods.com or info@newhorizonfoods.com



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