



**7th Annual STRIDE Academy Fun Runs and 5K  
Friday, May 10<sup>th</sup>, 2019 at Stride Academy  
Packet pickup 5pm; Races start at 6 pm**

**Registration**

*Please read and sign the back side.*

Participant's Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Race(s): 100m 1k 5k Run/Ride\*/Roll\*/Relay/Ramble

You can participate in all 3 events if you'd like, all for the same price.

Students and Alumni: \$5

Adult: \$15

Make checks payable to Stride PATHS. Scholarships available; please see Mr. Fleege.

\*Helmets are required for bikes, skates, scooters, etc

## Waiver:

I recognize that presence at and involvement with this event have a certain degree of risk, and I knowingly and voluntarily assume the risk, whether expected or unexpected, of any injuries regardless of severity, including death, and all risk of damage to or loss of property which I may incur due to any act of negligence or accidental occurrences while I am participating in the Stride Academy 5K or Kids 1K Fun Run.

All such risks are known and understood by me:

I agree as follows:

1. I, individually and on behalf of my heirs, successors, assigns and personal representatives, or on behalf of my minor child, hereby release and forever discharge Stride Academy, and its employees, agents, officers, trustees, and representatives, from any and all liability whatsoever for any and all damages, losses or injuries (including death) I sustain to my person or property or both, including but not limited to any claims, demands, actions, causes of actions, judgments, damages, expenses and costs which arise out of, result from occur during, or are connected in any manner with my participation, or the participation of my child, in the Stride Academy 5K and Kids 1K Fun Run whether caused by negligence of the Releasees or otherwise. I also agree to indemnify, defend and hold harmless Stride Academy and their employees, agents, officers, trustees and representatives from any and all liability, loss damage or expense, that they or any of them incur or sustain as a result of any claims, demands or expense that they or any of them incur or sustain as a result of any claims, demands, actions, causes of action, damages, judgments, costs or expenses which arise out of, occur during, or are in any way connected with my participation or the participation of my minor child.
2. I hereby grant Stride Academy full authority to take whatever actions they may consider warranted under the circumstances concerning my health and safety, or that of my child, and I fully release each of them from any liability for such decisions or actions as may be taken in connection therewith.
3. In the event that I am incapable of seeking and/or consenting to medical attention I place within the discretion of Stride Academy the decision to seek and authorize and all professional medical attention and/or services except the withholding or withdrawal of life sustaining procedures, as well as transportation by any conveyance to the closest medical facility deemed adequate by Stride Academy. I agree to be financially responsible for any and all expenses related to medical treatment as well as travel to receive medical treatment.
4. I agree that this Waiver, Release and Indemnification Agreement is to be construed under the laws of the State of Minnesota; and if any portion thereof is held invalid, the balance hereof shall, notwithstanding, continue in full legal force and effect.

I hereby acknowledge that I have read this entire document, that I understand its terms, that I am at least eighteen years of age or am the legal guardian of the child participating, that by agreeing to it I am giving up substantial legal rights I might otherwise have, and that I have agreed to it knowingly and voluntarily.

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Signature of Participant or Parent/Guardian of Minor Child

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Date