



# MARCH LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>NO PORK SERVED ON THIS MENU</b>  <b>WG= WHOLE GRAIN</b>  <b>LS=LOW SODIUM</b>  <b>TOSSED SALAD= ROMAINE AND SPINACH</b></p>				<p>1  <b>WG Chicken Patty w/cheese on WG Bun w/Mayo</b>  <b>Carrot Sticks</b>  <b>Tossed Salad/Dressing</b>  <b>Fruit</b>  <b>Milk</b></p>
<p>4  <b>Beef Spaghetti</b>  <b>WG Garlic Breadstick</b>  <b>Fresh Broccoli w/ ranch</b>  <b>Fruit</b>  <b>Milk</b></p>	<p>5  <b>Orange Chicken over Brown Rice</b>  <b>Tossed Salad/ Dressing</b>  <b>Fresh Sliced Cucumbers</b>  <b>Fruit</b>  <b>Milk</b></p>	<p>6  <b>Beef Cheeseburger w/Lettuce, Tomato, Pickles, Ketchup, &amp; Mustard</b>  <b>Vegetarian Baked Beans</b>  <b>Fruit</b>  <b>Milk</b></p>	<p>7  <b>WG Chicken Nuggets w/BBQ</b>  <b>Baby Carrots</b>  <b>Potatoes O'Brien</b>  <b>Fruit</b>  <b>Milk</b></p>	<p>8  <b>Egg &amp; Cheese Omelet</b>  <b>Breakfast Potatoes</b>  <b>Fresh Red &amp; Green Peppers</b>  <b>Muffin</b>  <b>Fruit</b>  <b>Milk</b></p>
<p>11  <b>NO SCHOOL</b></p>	<p>12  <b>NO SCHOOL</b></p>	<p>13  <b>NO SCHOOL</b></p>	<p>14  <b>NO SCHOOL</b></p>	<p>15  <b>NO SCHOOL</b></p>
<p>9  <b>WG Cheese Lasagna Roll Up W/ Marinara</b>  <b>WG Garlic Breadstick</b>  <b>Tossed Salad/ Dressing</b>  <b>Carrot Sticks</b>  <b>Fruit</b>  <b>Milk</b></p>	<p>18  <b>Turkey &amp; Cheese Sandwich on WG Bun w/ Mayo</b>  <b>Steamed Carrots &amp; Peas</b>  <b>Fresh Cauliflower/ Ranch</b>  <b>Fruit</b>  <b>Milk</b></p>	<p>19  <b>Baked Chicken Breast</b>  <b>Parsley Potatoes</b>  <b>Mixed Vegetables w/Ranch</b>  <b>WG Sliced Bread w/ Butter</b>  <b>Fruit</b>  <b>Milk</b></p>	<p>20  <b>Homemade Beef Chili W/ Crackers &amp; Shredded Cheddar Cheese</b>  <b>WG Breadstick</b>  <b>Baby Carrots</b>  <b>Fruit</b>  <b>Milk</b></p>	<p>21  <b>Macaroni and Cheese</b>  <b>Tossed Salad w/dressing</b>  <b>Fresh Sliced Cucumbers</b>  <b>WG Dinner Roll w/butter</b>  <b>Fruit</b>  <b>Milk</b></p>
<p>25  <b>Teriyaki Glazed Chicken</b>  <b>Brown Rice Pilaf</b>  <b>Tossed Salad/ Dressing</b>  <b>Fresh Green Beans</b>  <b>Fruit</b>  <b>Milk</b></p>	<p>26  <b>Beef Sloppy Joes on WG Bun</b>  <b>Carrot Sticks</b>  <b>Seasoned Pinto Beans</b>  <b>Fruit</b>  <b>Milk</b></p>	<p>27  <b>Turkey Sausage Pancake on a Stick W/ Maple Syrup</b>  <b>Breakfast Potatoes</b>  <b>Fresh Sliced Cucumbers</b>  <b>Fruit</b>  <b>Milk</b></p>	<p>28  <b>WG Beef &amp; Bean Burrito w/ Sour Cream</b>  <b>Tossed Salad w/Dressing</b>  <b>Seasoned Tater Tots</b>  <b>Fruit</b>  <b>Milk</b></p>	<p>29  <b>Fish Sandwich on WG Bun</b>  <b>Steamed Green Beans</b>  <b>Celery Sticks w/Ranch</b>  <b>Fruit</b>  <b>Milk</b></p>



Additional condiments available upon request.  
 THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER. MENUS SUBJECT TO CHANGE BASED ON AVAILABILITY OF ITEMS  
 \* INGREDIENTS SUCH AS PEANUTS, NUTS/SEEDS, MILK, EGG, SOYBEAN, GLUTEN, AND OTHER PRODUCTS MAY BE USED IN THE PRODUCTION OF THE MENUS.  
 Questions on the menu please visit [www.newhorizonfoods.com](http://www.newhorizonfoods.com) or [info@newhorizonfoods.com](mailto:info@newhorizonfoods.com)



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