



FEBRUARY LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>NO PORK SERVED ON THIS MENU WG= WHOLE GRAIN LS=LOW SODIUM TOSSED SALAD= ROMAINE AND SPINACH AND SOME ICEBERG BLEND</p>				<p>1 <i>WG Chicken Burger w/cheese on WG Bun w/Mayo</i> <i>Carrot Sticks</i> <i>Tossed Salad/Dressing</i> <i>Fruit</i> <i>Milk</i></p>
<p>4 <i>Oven Baked Herbed Chicken Breast</i> <i>Carrot Sticks</i> <i>Fresh Broccoli Florets</i> <i>WG Dinner Roll/Butter</i> <i>Fruit</i> <i>Milk</i></p>	<p>5 <i>Macaroni and Cheese</i> <i>Tossed Salad w/dressing</i> <i>Fresh Sliced Cucumbers</i> <i>WG Breadstick</i> <i>Fruit</i> <i>Milk</i></p>	<p>6 <i>Fajita Chicken Strips on WG Tortilla</i> <i>Shredded Lettuce, Cheese & Sour Cream</i> <i>Refried Beans</i> <i>Fruit</i> <i>Milk</i></p>	<p>7 <i>Beef Meatloaf</i> <i>Seasoned Mashed Potatoes</i> <i>Fresh Green Beans</i> <i>WG Sliced Bread w/butter</i> <i>Fruit</i> <i>Milk</i></p>	<p>8 <i>Egg & Cheese Omelet</i> <i>Breakfast Potatoes</i> <i>Fresh Red & Green Peppers</i> <i>Muffin</i> <i>Fruit Juice</i> <i>Milk</i></p>
<p>11 <i>Beef Spaghetti</i> <i>WG Garlic Breadstick</i> <i>Fresh Broccoli w/ranch</i> <i>Fruit</i> <i>Milk</i></p>	<p>12 <i>WG Chicken Corndogs W/ Ketchup & Mustard</i> <i>Tater Tot Medley</i> <i>Tossed Salad/Dressing</i> <i>Fruit</i> <i>Milk</i></p>	<p>13 <i>Beef Cheeseburger W/Lettuce, Tomato, Pickles, Ketchup, & Mustard</i> <i>Vegetarian Baked Beans</i> <i>Fruit</i> <i>milk</i></p>	<p>14 <i>WG Chicken Nuggets</i> <i>BBQ Sauce</i> <i>Cali Blend Vegetables</i> <i>Sliced Bread w/butter</i> <i>Fruit</i> <i>Milk</i></p>	<p>15 <i>WG Cheese Lasagna Roll Up</i> <i>WG Garlic Breadstick</i> <i>Fresh Broccoli w/ranch</i> <i>Cucumber Slices</i> <i>Fruit</i> <i>Milk</i></p>
<p>18 NO SCHOOL</p>	<p>19 NO SCHOOL</p>	<p>20 <i>Turkey & Cheese Sandwich on WG Bun w/Mayo</i> <i>Seasoned Pinto Beans</i> <i>Grape Tomatoes</i> <i>Fruit</i> <i>Milk</i></p>	<p>21 <i>Orange Chicken over Brown Rice</i> <i>Tossed Salad/Dressing</i> <i>Fresh Cauliflower/Ranch</i> <i>Fruit</i> <i>Milk</i></p>	<p>22 <i>Beef Taco on WG Tortilla</i> <i>Lettuce, Cheese, Sour Cream, Taco Sauce & Diced Tomatoes</i> <i>Baby Carrots</i> <i>Fruit</i> <i>Mil</i></p>
<p>25 <i>Homemade Beef Chili W/ Crackers & Shredded Cheese</i> <i>WG Cheese Stuffed Breadstick</i> <i>Baby Carrots</i> <i>Fruit</i> <i>Milk</i></p>	<p>26 <i>Baked Chicken Drumsticks</i> <i>Sweet Mashed Potatoes</i> <i>Cauliflower</i> <i>WG Sliced Bread w/Butter</i> <i>Fruit</i> <i>Milk</i></p>	<p>27 <i>LS Beef Hotdog on WG Bun W/Ketchup& mustard</i> <i>Celery Sticks</i> <i>Vegetarian Baked Beans</i> <i>Fruit</i> <i>Milk</i></p>	<p>28 <i>Tater Tot Hot Dish</i> <i>Chuckwagon Corn Blend</i> <i>Fresh Sliced Cucumbers</i> <i>WG Sliced Bread w/Butter</i> <i>Fruit</i> <i>Milk</i></p>	



Additional condiments available upon request.
 THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER. MENUS SUBJECT TO CHANGE BASED ON AVAILABILITY OF ITEMS
 * INGREDIENTS SUCH AS PEANUTS, NUTS/SEEDS, MILK, EGG, SOYBEAN, GLUTEN, AND OTHER PRODUCTS MAY BE USED IN THE PRODUCTION OF THE MENUS.
 Questions on the menu please visit www.newhorizonfoods.com or info@newhorizonfoods.com



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