



FEBRUARY LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Homemade Chicken Chili W/ Saltine Crackers Tossed Salad/ Dressing Breadstick Fruit Milk	2 WG Cheese Lasagna Roll-Ups w/ Marinara Sliced Bread/ Butter Steamed Peas Cucumber Slices/ Ranch Fruit Milk
5 WG Chicken Corndog/Ketchup/Mustard Sweet Potatoes Tossed Salad/ Dressing Fruit Milk	6 Beef Teriyaki Dippers Steamed Corn Jicama Sticks Dinner Roll/ Butter Fruit Milk	7 Homemade Beef Pizza Hotdish WG Sliced Bread/ Butter Tossed Salad/ Dressing Fruit Milk	8 BBQ Chicken on WG Bun Steamed mixed Vegetables Celery Sticks/ Ranch Fruit Milk	9 Seasoned Pinto Bean & Salsa Rice Bowl w/ Cheese, Sour Cream, Tomatoes & Taco Sauce WG Tortilla Chips Tossed Salad/ Dressing Fruit Milk
12 Orange Glazed Chicken over Brown Rice Tossed Salad/ Dressing Cauliflower/ Ranch Fruit Milk	13 LS Beef Hotdog on WG Bun W/ Ketchup/ Mustard Vegetarian Baked Beans Fresh Baby Carrots Fruit Milk	14 "Friendship Day" Heart Shaped Chicken Nuggets W/ BBQ Sauce Steamed Carrots Sliced Cucumbers/ Ranch Cookies Fruit Milk	15 Roast Turkey & Cheese Sandwich on WG Bun/ Mayo/Tomato Slice Au gratin Potatoes Tossed Salad/ Dressing Fruit Milk	16 Fish Sandwich on WG Bun W/ Tartar Sauce Fresh Broccoli/ Ranch Steamed Green Beans Fruit Milk
19 NO SCHOOL	20 Beef Cheeseburger on WG Bun W/ Ketchup/Mustard/Pickles/Sliced Tomatoes Tossed Salad/ Dressing Celery Sticks/ Ranch Fruit Milk	21 Turkey Tacos on WG Tortilla W/ Lettuce, Cheese, Tomatoes, Sour Cream & Taco Sauce Refried Beans Fruit Milk	22 Homemade Beef Meatloaf Seasoned Mashed Potatoes Sliced Cucumbers WG Dinner Roll/ Butter Fruit Milk	23 WG Homemade Macaroni & Cheese Tossed Salad/ Dressing Grape Tomatoes Fruit Milk
26 Baked Chicken Drumstick Parsley Potatoes Fresh Broccoli & Cauliflower WG Biscuit/ Butter Fruit Milk	27 Homemade Beef Chili W/ Crackers & Shredded Cheese WG Breadstick Tossed Salad/ Dressing Fruit Milk	28 Chicken Ala King Over WG Biscuit Steamed Green Beans Fruit Milk	NO PORK SERVED ON THIS MENU WG= WHOLE GRAIN LS=LOW SODIUM TOSSED SALAD= ROMAINE AND SPINACH AND SOME ICEBERG BLEND	



Additional condiments available upon request.
 THE USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER. MENUS SUBJECT TO CHANGE BASED ON AVAILABILITY OF ITEMS
 * INGREDIENTS SUCH AS PEANUTS, NUTS/SEEDS, MILK, EGG, SOYBEAN, GLUTEN, AND OTHER PRODUCTS MAY BE USED IN THE PRODUCTION OF THE MENUS.
 Questions on the menu please visit www.newhorizonfoods.com or info@newhorizonfoods.com